## February '10 Menu

## Soup/Chili/Stew:

Lisa C. - Tuscan Garlicky Bean

Soup



Far East (Asian - Indian):

Heidi - Chicken Satay with Rice



**Southwestern/Mexican:** Sara – Chicken Fajita Casserole



**Italian/Mediterranean:** 

Renee - Let's Dish



Mancotti



**Calzones** 



Erin - Beef and Portabella



Lisa Ann - Curried Chicken with Couscous





Flank Steak